



Trinity Training

Developing key people to develop your organisation

2021/2022

Welcome to our latest newsletter for our clients & colleagues, past, present & future. Over the last 20 months, life at Trinity Training has been very different from what we had planned, as we are sure it has been for you!

We moved all our training online, something we thought we would never do; to be honest, we didn't think it was possible. But now we train every week on Zoom & Microsoft Teams; we have adapted all our training workshops for a shorter programme but involving preparation work & follow up work to make sure a topic is covered thoroughly. We have even had one local authority where all the fostering social workers also attended the safer caring training workshop, so they could support their foster carers to put what they learnt into practice.

All our safeguarding training is now run by Rachel Coggins, who has worked across a variety of sectors where safeguarding takes priority, including international development, fitness & wellbeing, family planning, agriculture & police training.



She provides up-to-date, relevant, practical & engaging (both online & physical) training workshops for local authorities, charities, voluntary organisations & dental practices.

Rachel can be contacted on rachellcoggins@icloud.com

The best foster carers

Everyone wants the best foster carers & for those foster carers to be the best they can be. That is what motivates us at Trinity Training to provide the best foster carer training we can, training that affirms who foster carers are as well as the incredibly difficult job they do. Foster carers are often pushed to the limit, totally drained & exhausted & yet they still give more to our vulnerable children & young people. The best foster carers save lives, redeem lives & rebuild lives every day. This is why at Trinity Training we are so proud of the training we give foster carers & their social workers because, like them, we believe children in care deserve the best.

Our full range of foster care workshops

Safeguarding: child protection, safer caring, allegations, record keeping, promoting contact (family time), child sexual exploitation.

Trauma & abuse: introduction to attachment, separation & loss, signs & symptoms of physical & sexual abuse, caring for neglected children, caring for sexually abused children, fostering children after domestic abuse.

Understanding children & young people: child development, promoting positive behaviour & relationships, communicating with children, fostering adolescents, supporting young people who self harm, foster care & disability, fostering children on the autism spectrum.

Transition & change: moving children on, preventing placement breakdown, preparing for independence & leaving care.

Other workshops: work effectively with other professionals, peer mentoring, delegated authority, train the trainer, skills to foster.

All the best for 2022!

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