



**Workshop title: Train the Trainer**

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**Aim:** To help a fostering service provider equip social workers and foster carers for running a pre-assessment foster carer induction programme

**Designed for:** Foster carers and supervising social workers

**Objectives:** During the workshop, participants will

- understand how adults learn in different ways
- discover how to manage the dynamics of working with a group
- learn and practise some key skills of a trainer
- become familiar with using the relevant pre-assessment foster carer training materials

**Method:** This workshop will be participative, using practical examples and exercises to help everyone practise training together with relevant pre-assessment foster carer resources

**Length:** Three days: 10am -4pm

**Content:** **Helping adults learn**

- \* The learning cycle and its implications for group learning
- \* The impact of trainer learning preferences
- \* Responding to prospective foster carers with different learning style preferences

**Working with groups**

- \* The life cycle of a group working together
- \* Dealing with difficult behaviours in a training setting

**Key training skills**

- \* Training design and balanced input
- \* How to run different training activities
- \* Presentation skills in a training setting

**Planning and preparation**

- \* Training outcomes and structure
- \* Training content and method
- \* Working as a team with your co-trainer

All our fostering training workshops are linked to the Training, Support and Development Standards