

Workshop title: Preventing Placement Breakdown

Aim: To enable foster carers and social workers to understand and manage placement pressures to prevent placement breakdown

Designed for: Foster carers and social workers

Objectives: During the workshop, participants will

- explore the causes of placement breakdown
- recognise the underlying factors that challenge placement stability
- look at the behaviours that may lead to placement breakdown
- identify the actions they can take to minimise placement breakdown and its impact

Method: This workshop will be participative, using practical examples and exercises to help everyone relate the learning to their fostering

Length: One day

Content:

Broken Bridges

- * Causes of relationship and placement breakdown
- * The connection between behaviour, feelings and beliefs
- * The role and ongoing impact of insecure attachments

Children Behaving Badly

- * Factors involved in challenging behaviours
- * Understanding anger and rage

Positive Parenting

- * Safer caring within placement difficulties
- * Build secure attachments and placement stability
- * Dealing with conflict situations

Before and After Placement Breakdown

- * Placement stability and disruption meetings
- * Look after yourself
- * The role of supervision

All our fostering training workshops are linked to the Training, Support and Development Standards