

Workshop title: **Fostering Children on the Autism Spectrum**

Aim: To equip social workers and foster carers with the understanding and skills needed to foster children and young person on the autism spectrum

Designed for: Social workers and foster carers

Objectives: During the workshop, participants will

- gain an overview of the autism spectrum & learning disabilities
- understand how autism affects children and young people
- discover ways to support children and young people with autism

Method: This workshop will be highly participative, using practical examples and exercises to help everyone relate the learning to their fostering

Length: One day :

Content: **Introduction to the autism spectrum**

- * Relationship between autism and learning disability
- * The range of the autism spectrum
- * Other challenges for those with autism

Characteristics of ASD

- * Communication and social skills
- * Narrow interests, repetitive behaviour and sensory sensitivity
- * How children with autism learn

Practical strategies

- * How to help with communication, social skills and behaviour
- * Use of routines, time management and diet
- * Work in partnership with the school

Ways of working

- * Be part of a team
- * Sources of help

All our fostering training workshops are linked to the Training, Support and Development Standards